

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Nov

FEED YOUR CREATIVITY



Announcements:

5th- Staff Day

22nd-26th
Holidays

Breakfast Cookie & Yogurt
Fruit, Milk, Juice ¹

Breakfast Burrito & Hash Browns
Fruit, Milk, Juice ²

Waffles & Sausage
OR
Cereal
Fruit, Milk, Juice ³

Oatmeal & Cinnamon Toast
Fruit, Milk, Juice ⁴

STAFF DAY ⁵

Breakfast Pizza
Fruit, Milk, Juice ⁸

French Toast & Sausage
Fruit, Milk, Juice ⁹

Pancake Wrap & Yogurt
Fruit, Milk, Juice ¹⁰

Cinnamon Roll & Bacon
Fruit, Milk, Juice ¹¹

Scrambled Eggs
Biscuit, Gravy & Sausage,
Fruit, Milk, Juice ¹²

Pancakes & Bacon
OR Cereal
Fruit, Milk, Juice ¹⁵

Breakfast Taquito
Fruit, Milk, Juice ¹⁶

Breakfast Sandwich
OR Cereal
Fruit, Milk, Juice ¹⁷

Oatmeal & Cinnamon Toast
OR
Breakfast Strudel & Cheese,
Fruit, Milk, Juice ¹⁸

Donut & Sausage
Fruit, Juice, Milk ¹⁹

HOLIDAY ²²

HOLIDAY ²³

HOLIDAY ²⁴

HOLIDAY ²⁵

HOLIDAY ²⁶

Sausage Kolache & Yogurt
OR
Cereal
Fruit, Milk, Juice ²⁹

Cheese Omelet & Toast
Fruit, Milk, Juice ³⁰



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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Food and Nutrition Division
Nutrition Assistance Programs



Updated 1/1/2021
www.SquareMeals.org

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FEED YOUR CREATIVITY



Announcements:

5TH- Staff Day

22nd- 26th
Thanksgiving
Holidays

1
Breaded
Drumstick
Biscuit
Salad, Fries,
Apple Slices, Milk

2
Walking Taco,
Beans, Veggie
Cup, Pineapple
Tidbits, Rice
Krispy Treat, Milk

3
Cheesy
Breadsticks
Broccoli Bites,
Marinara Sauce
Applesauce, Milk

4
Boneless Chicken
Wings,
Celery Sticks, Baby
Carrots, Apple-
Pineapple D'Lite,
Frozen Yogurt Cup,
Milk

5
**STAFF DAY
NO SCHOOL**

8
Corn Dog,
Tater Tots,
Tomato Cup,
Grapes, Milk

9
Super Nachos
Salsa, Beans,
Cucumber Slices,
Sliced Peaches,
Ice Cream Cup,
Milk

10
Chicken
Sandwich,
(Chips HS)
Salad, Fruity Jello
Milk

11
Asian Bowl
Egg Roll
Broccoli Bites,
Corn, Orange
Smiles, Milk

12
Pizza,
Baby Carrots,
Green Beans,
Mandarin
Oranges, Cookie,
Milk

15
Cheeseburger
Chips, Okra,
Grapes, Milk

16
Tex-Mex Stack,
Rice, Beans, Baby
Carrots, Salsa,
Apple, Sherbet,
Milk

17
Pizza,
Salad, Green
Beans, Slices
Peaches, Milk

18
Popcorn Chicken,
Corn, Crunchy
Broccoli Salad,
Roll, Banana,
Cookie, Milk

19
Hot Dog,
Fries, Tomato
Cup, Snowball
Salad, Milk

22
HOLIDAY

23
HOLIDAY

24
HOLIDAY

25
HOLIDAY

26
HOLIDAY

29
Meat & Cheese
Chalupas (Rice)
Beans, Corn,
Salsa, Orange
Smiles, Pudding,
Milk

30
Chicken-n-
Waffles
Veggie Cup, Hash
Brown, Grapes,
Milk



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