

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Sept

FEED YOUR CREATIVITY



Announcements:

- 3rd- Homecoming
- 6th-Labor Day
- 9th - Grandparent's Day
- 27th- Staff Day

Power Breakfast ¹
(Eggs, Bacon, Biscuit, Gravy)
Fruit, Milk, Juice

Breakfast Pizza ²
OR
Breakfast Strudel & Cheese
Fruit, Milk, Juice

Dutch Waffle ³
& Sausage
Fruit, Milk, Juice

Breakfast Pizza ⁶
HOLIDAY

Breakfast Burrito ⁷
OR
Breakfast Strudel & Cheese
Fruit, Milk, Juice

Waffles & Sausage ⁸
Fruit, Milk, Juice

Breakfast Pizza ¹³
OR
Cereal & Toast
Fruit, Milk, Juice

French Toast & Sausage ¹⁴
Fruit, Milk, Juice

Breakfast Sandwich ¹⁵
OR
Breakfast Parfait
Fruit, Milk, Juice

Oatmeal & Cinnamon Toast ⁹
OR
Cereal & Toast
Fruit, Milk, Juice

Pancakes & Bacon ¹⁰
Fruit, Milk, Juice

Pancake Wrap & Yogurt ¹⁶
Fruit, Milk, Juice

Pancakes & Bacon ²⁰
Fruit, Milk, Juice

Breakfast Pizza ²¹
OR
Breakfast Parfait
Fruit, Milk, Juice

Donut & Sausage ²²
Fruit, Milk, Juice

Oatmeal & Cinnamon Toast ²³
OR
Breakfast Strudel & Cheese
Fruit, Milk, Juice

Cinnamon Roll & Sausage ¹⁷
Fruit, Milk, Juice

Breakfast Pizza ²⁴
Fruit, Milk, Juice

Cheese Omelet & Toast ²⁷
**STAFF DAY
NO SCHOOL**

Cheese Omelet & Toast ²⁸
Fruit, Milk, Juice

Breakfast Sandwich ²⁹
OR
Cereal & Toast
Fruit, Milk, Juice

Breakfast Pizza ³⁰
OR
Breakfast Strudel & Cheese
Fruit, Milk, Juice

Breakfast Pizza ²⁴
Fruit, Milk, Juice

Breakfast Pizza ³⁰
Fruit, Milk, Juice



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Labor Day

Staff Day

1
Chicken Nuggets, Mac & Cheese, Baby Carrots, Squash, Grapes, Milk

2
X-Treme Burrito, Corn, Cucumber Cup, Apple Slices, Brownie, Milk

3
Mozzarella Sticks, Marinara Sauce, Tomato Cup, Salad, Applesauce, Milk

6
Steak Fingers, Green Beans, Corn, Roll, Peaches, Milk

8
Cheesy Breadsticks, Broccoli Bites, Marinara Sauce, Banana, Milk

9
Frito Pie, Ranch Style Beans, Veggie Cup, Fruity Jello, Cookie, Milk

10
Breaded Drumstick, Salad, Mashed Potatoes, Baby Carrots, Biscuit, Orange Smiles, Milk

13
Corn Dog, Tater Tots, Tomato Cup, Fruit Cup, Milk

14
Super Nachos Salsa, Pinto Beans, Salad, Grapes, Ice Cream Cup, Milk

15
Chicken Sandwich Veggie Cup, Salad, Mandarin Oranges, Milk

16
Asian Bowl, Egg Roll, Cheesy Broccoli, Cucumber Cup, Fruity Jello, Milk

17
Pizza Corn, Green Beans, Baby Carrots, Fruit, Rice Krispy Treat, Milk

20
Cheeseburger, Tater Tots, Cucumber Cup, Strawberry Cup, Milk

21
Chicken Fajitas, (HS rice) Beans, Carrots, Salsa, Apple Slices, Sherbet, Milk

22
Meatball Sub Salad, Green Beans, Orange ☺ Milk

23
Popcorn Chicken, Corn, Crunchy Broccoli Salad, Roll, Grapes, Brownie, Milk

24
Chili Cheese Dog Chips, Tomato Cup, Snowball Salad, Milk

27
Ham & Cheese Melt Veggie Cup, Fries, Apple Pineapple D'Lite, Milk

29
Chicken Nuggets, Mac & Cheese, Baby Carrots, Squash, Grapes, Milk

30
Mozzarella Sticks, Marinara Sauce, Tomato Cup, Salad, Applesauce, Milk



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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Food and Nutrition Division
Nutrition Assistance Programs



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www.SquareMeals.org